

FOR WHEN THE DECK IS GENUINELY STACKED.

RIGGED ISN'T A REASON **NOT TO PLAY**

Some things are genuinely unfair and Stoicism isn't about pretending otherwise

THE STOIC PRINCIPLE

Some games are unfair. That is a fact. The unfairness does not disappear because you wish it would. The Stoic move is not to pretend it is fair. It is to play hard inside the rigging while changing what you can.

THE STOIC SUPPORT

"Not: This is not so bad, But: I can make this good."

RYAN HOLIDAY | THE OBSTACLE IS THE WAY

STOIC STEPS FOR RADICAL RESILIENCE

Five moves for playing the long game in a tilted system.

01 NAME THE UNFAIRNESS SPECIFICALLY

Vague injustice eats you. Specific injustice has a name and a number. 'I get less mentorship.' 'I get evaluated differently.' 'The metric was set up to fail.' Specifics give you something to act on.

02 SEPARATE THE UNFAIR FROM THE UNCHANGEABLE

Some unfair things are also fixable. Some are above your pay grade. Sort them. Spend your energy on the first column. Do not ignore the second, but do not bleed there.

03 FIND THE PLAY THAT'S STILL AVAILABLE

In a tilted game, there is almost always a strategy the favored players do not see. Yours. Use it. Quietly. The advantage is asymmetric attention.

04 BUILD YOUR OWN LADDER

The system's ladder is rigged. Build a different one. Side door. New skill stack. New audience. The game does not have to be the only way to win.

05 CHANNEL THE ANGER INTO THE WORK

Anger about unfairness is fuel. Do not let it become bitterness. Bitterness is anger that ran out of direction. Direct it. Build with it.

THE REFRAME

Not *'this isn't so bad.'* Instead: *'how can I make this good?'* The game is rigged.
Play anyway. With strategy.